Windyknowe Primary School



Helpful Hints and Tips to Support You and Your Child While Learning from Home

Stay Calm and Carry On

- We are all learning in a different way together
- We all have different circumstances to cope with each day
- Do not put pressure on yourself
- Learning can be flexible
- No two days will be the same don't expect them to be
- Life skills are a very important part of learning this is an ideal time for you to take time to practise with your child

What are Life Skills?

Your child could: help wash the dishes tidy his/her room learn how to make his / her bed help set the table for lunch / dinner help feed and look after pets help in the garden learn to tie laces prepare simple foods eg sandwich help wash the car

Remote Learning – What does it Look Like?

- Key messages remain the same Stay Safe and Stay At Home
- Your family's well being is the most important consideration right now – make sure you all get outside to play or to exercise
- Learning looks very different. It is constantly changing and there are lots of new things for us all to learn.
- No one expects perfection. We all understand how hard it is
- Some families are learning for short periods throughout the day rather than spending too much time in one go
- Remember to include a little Reward Time when success is achieved eg playing a game together
- We are providing lots of information to parents, carers and children in a variety of forms including Glow, Websites, Blog, Teams. If you need to know anything else, contact us

Keep Talking To The People In Our School

- All communication is forwarded to Mrs Angus and class teachers
- If you have issues with technology let us know we can help
- If you would prefer paper copies of learning packs let us know – we can help
- If you don't have enough hardware in your household let us know – we can help
- You can contact us through our school blog, by email or through Teams
- We will always get back to you
- As we are unable to get into school right now we are constantly looking for alternative ways to communicate
- If you have any other ideas... share them with us

Ways to contact us

Blog: <u>https://blogs.glowscotland.org.uk/wl/windy</u> <u>knowe/</u>

Website: <u>https://windyknoweprimary.westlothian</u> .org.uk/

Twitter: https://twitter.com/windyknoweps

School Email: <u>wlwindyknoweps@westlothian.org.uk</u>