

**Dates**



12/08/24  
02/09/24  
23/09/24  
14/10/24  
4/11/24  
25/11/24  
16/12/24  
06/01/25  
27/01/25  
17/02/25  
10/03/25  
31/03/25  
21/04/25  
12/05/25  
02/06/25  
23/06/25

**Week One**

**Tray 1**  
**Tray 2**  
**Tray 3**  
  
**All trays**

**Monday**

**Starter:** Tomato & Red Pepper Soup (v)  
**OR Dessert:** Fromage Frais

Haddock, Chips  
~~~~~  
Veggie Sausage Roll, Chips, Beans (v)  
~~~~~  
Sandwich,  
Tuna Mayo or Sliced Chicken

**Peas & Salad**  
**Fruit of the Day**  
**Drink:** Milk or Water

**Tuesday**

**Starter:** Cucumber Sticks (v)  
**OR Dessert:** Peach Melba Cake & Custard

Roast Chicken & Boiled Potatoes  
~~~~~  
Quorn Chilli, Boiled Rice  
& Taco Shells (v)  
~~~~~  
Wrap, Cheddar Cheese or Egg Mayo

**Roasted Vegetables & Salad**  
**Fruit of the Day**  
**Drink:** Milk or Water

**Wednesday**

**Starter:** Cream of Vegetable Soup (v)  
**OR Dessert:** Strawberry Mousse

Homemade Spaghetti Bolognese  
~~~~~  
Cheese Panini (v)  
~~~~~  
Sandwich,  
Sliced Chicken or Egg Mayo

**Sweetcorn Cobettes & Salad**  
**Fruit of the Day**  
**Drink:** Milk or Water

**Thursday**

**Starter:** Babybel Cheese (v)  
**OR Dessert:** Vanilla Ice Cream

Beef Hotpot & Mashed Potato  
~~~~~  
Vegetable Dhansak, Rice, Chapati (v)  
~~~~~  
Finger Roll,  
Tuna Mayo or Cheddar Cheese

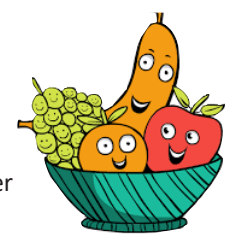
**Carrots & Salad**  
**Fruit of the Day**  
**Drink:** Milk or Water

**Friday**

On Fridays only packed lunches will be served.

Packed lunch will include:  
Sandwich:  
Ham, Tuna, Mayo or Cheese,  
Carrot Sticks,  
Cucumber Sticks,  
Fruit and a Biscuit.

Fresh drinking water will be on offer on Fridays.



**September Holiday**  
12th - 18th September

**October Break**  
11th - 22nd October

**December Break**  
20th December - 6th January 2025

**February Break**  
7th - 18th February

**April Break**  
4th - 22nd April

**May Break**  
2nd - 7th May

**June Break**  
27th June



19/08/24  
09/09/24  
30/09/24  
21/10/24  
11/11/24  
02/12/24  
23/12/24  
13/01/25  
03/02/25  
24/02/25  
17/03/25  
07/04/25  
28/04/25  
19/05/25  
09/06/25



**Week Two**

**Tray 1**  
**Tray 2**  
**Tray 3**  
  
**All trays**

**Starter:** Lentil Soup (v)  
**OR Dessert:** Fromage Frais

Chicken Link Sausages, Mashed Potato & Beans  
~~~~~  
Baked Potato & Cheddar Cheese (v)  
~~~~~  
Sandwich, Sliced Chicken or Tuna Mayo

**Coleslaw & Salad**  
**Fruit of the Day**  
**Drink:** Milk or Water

**Starter:** Veggie Mini Spring Roll (v)  
**OR Dessert:** Shortbread

Chicken Curry & Rice  
~~~~~  
Thai Veggie Noodles (v)  
~~~~~  
Wrap,  
Ham or Cheddar Cheese

**Vegetable Mix & Salad**  
**Fruit of the Day**  
**Drink:** Milk or Water

**Starter:** Cream of Tomato Soup (v)  
**OR Dessert:** Brownie

Roast Beef & Gravy, Yorkshire Pudding, Boiled Potatoes  
~~~~~  
Quorn Meatballs in Tomato Sauce, Pasta (v)  
~~~~~  
Sandwich, Sliced Chicken or Egg Mayo

**Green Beans & Salad**  
**Fruit of the Day**  
**Drink:** Milk or Water

**Starter:** Laughing Cow & Cream Cracker (v)  
**OR Dessert:** Chocolate Mousse

Salmon Nibbles, Boiled Potatoes  
~~~~~  
Cheese & Tomato Pizza, Chips (v)  
~~~~~  
Finger Roll,  
Tuna Mayo or Cheddar Cheese

**Peas & Salad**  
**Fruit of the Day**  
**Drink:** Milk or Water

26/08/24  
16/09/24  
07/10/24  
28/10/24  
18/11/24  
09/12/24  
30/12/24  
20/01/25  
10/02/25  
03/03/25  
24/03/25  
14/04/25  
05/05/25  
26/05/25  
16/06/25



**Week Three**

**Tray 1**  
**Tray 2**  
**Tray 3**  
  
**All trays**

**Starter:** Leek & Potato Soup (v)  
**OR Dessert:** Muller Yoghurt

Fish Goujons & Mashed Potato  
~~~~~  
Pasta Bake & Crusty Bread Roll (v)  
~~~~~  
Sandwich,  
Sliced Chicken or Tuna Mayo

**Peas & Salad**  
**Fruit of the Day**  
**Drink:** Milk or Water

**Starter:** Cucumber Sticks (v)  
**OR Dessert:** Apple Crumble & Custard

Mince & Baby Boiled Potatoes  
~~~~~  
Cheese & Tomato Pizza & Wedges  
Tomato Ketchup (v)  
~~~~~  
Wrap, Cheese or Egg Mayo

**Carrots & Salad**  
**Fruit of the Day**  
**Drink:** Milk or Water

**Starter:** Scotch Broth Soup (v)  
**OR Dessert:** Jelly

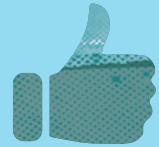
Chicken Golden Bites & Garlic Noodles  
~~~~~  
Quorn Hotdog Roll & Chips (v)  
~~~~~  
Sandwich,  
Sliced Chicken or Egg Mayo

**Mangetout & Salad**  
**Fruit of the Day**  
**Drink:** Milk or Water

**Starter:** Bread sticks & Soft Cheese (v)  
**OR Dessert:** Strawberry Mousse

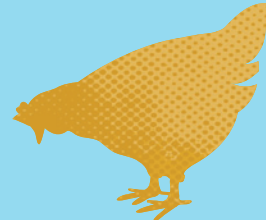
Steak Pie & Boiled Potatoes  
~~~~~  
Sweet & Sour Quorn & Rice (v)  
~~~~~  
Finger Roll,  
Tuna Mayo or Cheddar Cheese

**Greenbeans & Salad**  
**Fruit of the Day**  
**Drink:** Milk or Water

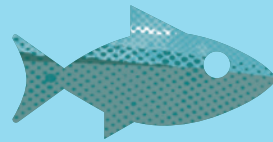


**FREE FROM**  
CONTROVERSIAL  
ADDITIVES

EVERY EGG IS A  
**FREE  
RANGE  
EGG**



**FRESH  
MILK**  
FROM EAST KILBRIDE



**SUSTAINABLE**  
WE NEVER USE FISH ON THE MARINE  
CONSERVATION SOCIETY "FISH TO AVOID" LIST

**FRESH  
FRUIT**  
AVAILABLE DAILY

**SEASONAL  
VEGETABLES**  
FROM TRANENT, EAST LOTHIAN



### Special Diets

Medically Prescribed Diets: Our focus is to meet a pupil's needs in terms of the 14 main allergens and ethnic/religious requirements.

If you have any concerns about your child's dietary needs, please contact your school who will be happy to discuss your requirements with you and the school Catering Team.

If your child needs a medically restricted diet please inform your child's school. We will require information regarding medical diets from your doctor or another medical authority.

**DID YOU  
KNOW?**



All Primary 1 - 5 pupils are entitled to lunch free of charge!

You can now select menu options and make payments online for school meals at

[www.westlothian.gov.uk/school-meals-menu](http://www.westlothian.gov.uk/school-meals-menu)



*Note:*  
We offer a vegetarian menu choice  
**every day on Tray 2.**  
This is denoted by (v) on the menu.

### Facilities Management

As the internal providers of meals in West Lothian, we want to hear from you, good or bad, as your comments and feedback help us to improve our service.  
You can email us at [fmservices@westlothian.gov.uk](mailto:fmservices@westlothian.gov.uk)

As part of Education Scotland Schools Inspections, catering is audited in line with "the whole school approach".

School meals are analysed against Scottish Government food and nutritional guidelines.

For further information please visit:  
<http://www.gov.scot/Topics/Education/Schools/HLivi/schoolmeals>

